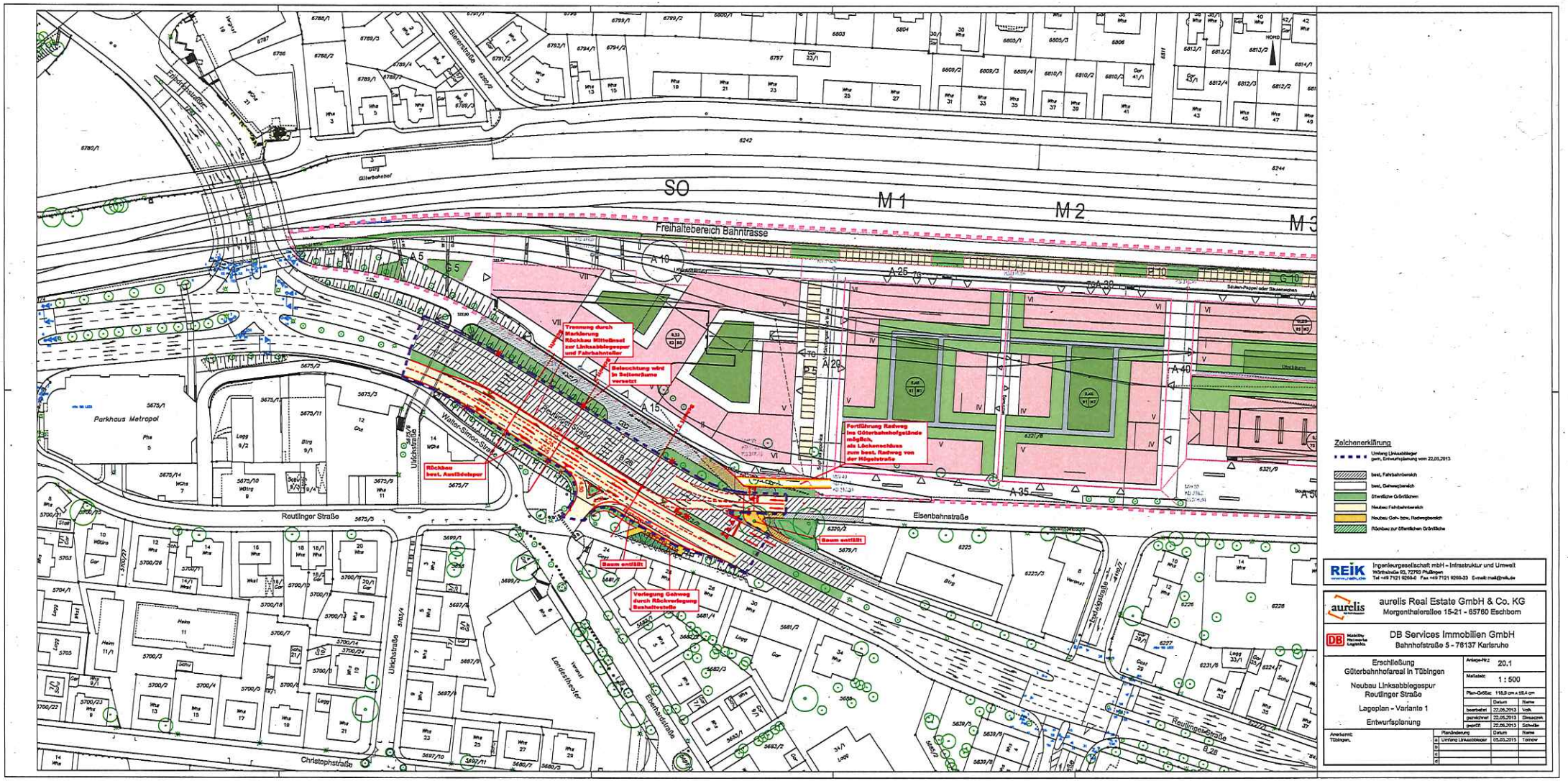Anlage 1 Vorl 190